

**APPENDIX I**  
**THE UTAH SCALE ON THE SERIOUSLY AND PERSISTENTLY MENTALLY ILL (SPMI)**  
**(FOR USE WITH ADULTS)**

**DIMENSION I – SEVERITY:** Mental health clients must meet three or more (check all that apply):

- ( ) A.     **MEDICATION:** Receives psychoactive medication as part of treatment.
- ( ) B.     **DIAGNOSIS/PROBLEM:** Diagnosis between 295 and 316, inclusively, or a problem of abuse victim syndrome.
- ( ) C.     **INAPPROPRIATE DEPENDENCY:** on other for any three of the following: (1) food purchase and preparation, (2) personal hygiene, (3) transportation, (4) financial management, (5) living arrangement, and (6) leisure management.
- ( ) D.     **PRODUCTIVITY PROBLEM:** Is either (1) marginally employed and would be unable to be employed without mental health services, (2) employed in a sheltered setting, (3) unemployable, or (4) receives specialized school or other services (if under age 16).
- ( ) E.     **SOCIAL ISOLATION:** Is socially isolated, without friends and social support systems. Uses mental health system for social exchange. Includes severe isolation in school (if under age 16).
- ( ) F.     **PUBLIC ASSISTANCE:** Receives public assistance to meet basic needs (Applies only to adult patients).
- ( ) G.     **SYMPTOM REMISSION:** Symptoms are in remission, but the patient's condition would seriously deteriorate without continued mental health treatment and support.
- ( ) H.     **ANTI-SOCIAL BEHAVIOR:** Has pattern of serious anti-social, criminal or delinquent acts.

**DIMENSION II – PERSISTENCE:** Must meet one of the following (please check):

- ( ) I.     **MORE INTENSE TREATMENT:** History of a continuous episode of treatment more intensive than outpatient for two years or more.
  - ( ) J.     **OUTPATIENT TREATMENT:** History of a continuous episode of treatment in outpatient services for three years or more.
  - ( ) K.     **NO HISTORY:** Would meet above criterion I or J if service history was available or has met the severity criteria for three years or more without service.
  - ( ) L.     **RESISTIVE TO TREATMENT:** Is resistive to treatment and would meet criterion I or J had the patient not terminated for service against advice. Includes mental health-focused schooling (if under age 16).
  - ( ) M.     **PROSPECTIVE PERSISTENCE:** Extremely like to meet criterion I or J by subsequent continuous service or is expected to meet the severity criteria for three years or more.
- ( ) Yes    ( ) No    Check yes if three criteria are met in Dimension I and at least one criterion is met in Dimension II (Yes = SPMI/No = Non SPMI). (NOTE: Assessment must sufficiently document the items checked.)

Date: \_\_\_\_\_

Therapist Signature: \_\_\_\_\_